

"And I will be a father to you, and you shall be sons and daughters to me, says the Lord Almighty."

2 Corinthians 6:18



BEREAN BIBLE CHURCH

Worship & Communion Service

Sunday, June 5, 2022

SERVICES & CONTACTS

Sunday Worship Services in-person & live stream - 10:40am & 6pm

 <https://www.youtube.com/user/bereanbarbados/live>

Join us for Sunday School in-person - 9:30am

There is a class for ALL ages

Midweek Service in-person & online (Wednesday)

 **ZOOM Noon** and repeated **7:30pm** | link provided

Youth Service in-person - 7pm (Friday)

 **WhatsApp**  **Signal**  **Telegram 845-5752** or **Tel: 426-4707**

email: info@bereanbarbados.org

www.bereanbarbados.org

Disciplines of a Godly Man

Train in God's Gym

Men, we will never get anywhere in life without discipline, and doubly so in spiritual matters. None of us is inherently righteous, so Paul's instructions regarding spiritual discipline in 1 Timothy 4:7-8 take on personal urgency: "Train yourself for godliness; for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come." That word "train" comes from the Greek word from which we derive gymnasium. So, I invite you into God's Gym—to some pain and great gain!

1. Discipline of Purity

Sensuality is the biggest obstacle to godliness among Christian men. The fall of King David should not only instruct us but scare the sensuality right out of us! Fill yourself with God's Word—memorize passages like 1 Thessalonians 4:3-8, Job 31:1, Proverbs 6:27, Ephesians 5:3-7, and 2 Timothy 2:22. Find someone who will help you keep your soul faithful to God. A pure mind is impossible if you mindlessly watch TV and movies or visit pornographic websites (1 Thess. 4:3-7). Develop the divine awareness that sustained Joseph: "How then can I do this great wickedness and sin against God?" (Gen. 39:9).

2. Discipline of Relationships

To be all God wants you to be, put some holy sweat into your relationships! If you're married, you need to live out Ephesians 5:25-31: "Husbands, love your wives, as Christ loved the church and

gave himself up for her” (v. 25). For those who are fathers, God provides a workout in one pungent sentence: “Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord” (Eph. 6:4). Relationships are not optional (Heb. 10:25); they enable us to develop into what God wants us to be and most effectively learn and live God’s truth.

3. Discipline of Mind

The potential of possessing the mind of Christ (1 Cor. 2:16) introduces the scandal of today’s church—Christians who do not think Christianly, leaving our minds undisciplined. The Apostle Paul understood this well: “Whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things” (Phil. 4:8). Each ingredient is a matter of personal choice. You can never have a Christian mind without reading the Scriptures regularly because you cannot be influenced by that which you do not know.

4. Discipline of Devotion

Reading God’s Word is essential, but meditation internalizes the Word and responds, “I desire to do your will, O my God” (Ps. 40:8). Beyond instructions like Ephesians 6:18–20, there are two great reasons to pray. The more we expose our lives to the white-hot sun of Christ’s righteous life, the more his image will be burned into our character. The second reason is that prayer bends our wills to God’s will. Many men never have an effective devotional life because they never plan for it; they never expose their lives to his pure light.

Order of Service

COMMUNION SUNDAY

June 5, 2022 at 10:40am

THEME: "Spirit-Filled Church"

1. Call to Worship -
2. Announcements - Secretary Celeste Porte
3. Meditation & Invocation
4. Hymn #32 - I sing the Mighty Power of God
5. Hymn #1 - My Faith Has Found a Resting Place
6. Scripture Reading - St. John 14: 23 - 31
7. Hymn #26 - Come Thou Fount
8. Hymn #248 - Blessed Quietness
9. Special - Ryan Bayne
10. Prayer & Offertory - Hymn #69 - O how I love Jesus
11. Sermon - Pastor Paul Garnes
12. Hymn #266 - Breathe on Me Breath of God
13. Distribution of Elements
14. Hymn #45 - Guide Me, O Thou Great Jehovah
15. Benediction

ITEMS FOR PRAYER



- Give God thanks for the completion of the Grazettes church building
- Those preparing for exams
- To stop the spread of COVID and for healing for those ill from the virus.
- For comfort for families who have recently lost loved ones.
- For the ministry and wellbeing of our Pastor and family.
- For healing for our sick members.
- For grace for our shut-in members.
- For the many Berean Churches in the DR Congo.
- For the friends of Berean - The Gilmours, Haecks, Hulls, Moores, Montagues, Porchers, Rogers, Rudders and Taylors.
- For entrepreneurs and those seeking employment.
- For the peace of Jerusalem.

June Birthdays



- | | | |
|------------------------------|-------------------------|----------------------|
| 3rd - Wendene Wells | 15th - Erleen Whitehall | 27th - Richard James |
| 4th - Annette Dascent | 16th - Evertuis Bispham | 28th - Shurley Reece |
| 6th - Owen Thompson | 19th - Mildred Savoury | 29th - Michael Jones |
| 7th - Josiah Williams | 21st - Ezra Gilbert | - Deanne McCallister |
| 8th - Deborah Gonsalves-King | 23rd - Kingsley Reece | 30th - May Pilgrim |
| 14th - Connie Whittaker | 25th - Lorna Ward | |

Anniversaries



- 4th - Dolores & Harold Codrington 25th - Steve & Cheryl Brewster