

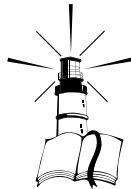
He will renew your life and sustain you in your old age

Ruth 4:15



Service of
Worship &
Communion

Sunday, 6th September, 2015



Berean Bible Church

Sunday School 9:30 a.m.

Morning Worship - 10:40 a.m. • Evening Service - 6:00 p.m.

Midweek Service (Wednesday) - 7:30 p.m.

Passage Road, St. Michael • Rev. Ronald Trotman, Pastor

Tel: 571-4259, 426-4707

ALL ARE WELCOME

Order of Service

Ministry of Music – Choir

Invocation

Hymn #204

Hymn #617

Hymn #711

1st Scripture Reading – Psalm 122

Hymn #184

Prayer

Notices & Offering

Ministry of Music – Choir

Hymn #840

Message – Rev. R. Trotman

Hymn #

Distribution of Elements

Special Offering

2nd Scripture Reading – Psalm 126

Ministry of Music – Sis. Naomi Williams

Benediction – Choir



Please remember to pray for:

- Our Senior Citizens and their service to the Kingdom
- Our Teachers and Children on their return to School
- The Building Project
- The Outreach Ministries
- The work of the Gideons, The Bible Society and ISCF
- The Sick and Shut-ins



Growing Old Gracefully

by Graemme Marshall (Adapted)

There is gold to be found in old age

It is important to keep a positive, even humorous, perspective on aging, because God designed our bodies to age. It's not the act of a vengeful God, but of a loving God. And God wants us to continue to bear fruit.

One of the biggest benefits of living many years is one that so many in our culture today overlook or dismiss. It's the wisdom that comes from so much experience in life!

As the old adage says, we need to learn from the mistakes of others, because we can't possibly live long enough to make them all ourselves! With age comes wisdom and understanding to pass along to children, grandchildren and great-grandchildren—if only they will have the wisdom to stop and listen.

Also with those years of experience comes a new level of learning—or at least it should! Another old adage says that wisdom comes with age; but sometimes age comes all by itself. But age does not necessarily eclipse our ability to continue learning! The Bible is an inexhaustible mine of wisdom, and the more we study and understand, the deeper our understanding can go. We can also add deeper knowledge and insights on marriage and family, interpersonal relationships, business, hobbies, planning and the importance of love.

There is a lot of valuable gold from experience that comes with the silver in the hair!

Gracefully accept the positives

Age should also bring a level of maturity and mellowing gained by experience. There can be a digestion of life and an acceptance of loss and grief. The aged have absorbed life's blows and wounds. Some heal; some scar; but all carry lessons to be learned and passed along.

The hard edges of a personality can soften; hot tempers can cool; rashness can become tempered with patience; and the foolishness of youth can be replaced by the wisdom of years.

Some older men seek leadership roles, while for many others what they've accomplished in their careers is enough. Some realize they may have neglected their wife and family through the years, so they work now to repair and rebuild those precious relationships with love and graciousness.

When a woman's children are grown and move on to homes and families of their own, she may have a renewed opportunity to reassess and modify her life. She may be able to focus anew on the positives of her husband. She may become comfortable enough with herself to no longer feel the need to fit in with every fashion. She becomes more settled in what she likes and dislikes. And, of course, grandparenting experiences bring pleasure, hopefully without the strains parenting can carry.

And times are changing ...

Those living the Golden Years today did not grow up in a computer age with mobile phones, tablets, megabytes, Google or DVDs. Learning to navigate these technological marvels can be challenging and quite frustrating! Failing eyesight can make it difficult to focus on computer monitors and TV screens. Diminished hearing can make it a struggle to even hear instructions clearly.

But older folks need not be afraid to give new technologies a try, and shouldn't give up easily. Upon retirement some seniors have learned their way around a computer and have discovered a vast new world of information, ideas and entertainment online.

Some have even gone so far as to earn money on the side researching genealogies or digitally enhancing old photos from the comfort of their own home. The satisfaction that comes from learning something new and useful is perhaps worth more than the money such efforts bring in.

Nearer God's Kingdom

A poster in a senior center boldly declared, "Growing old isn't for sissies!" As the years go by, we will all identify with that statement more and more. But the Creator who designed our bodies to be affected by the passage of time does not leave us to suffer alone.

Through the prophet Isaiah, He says, "Listen to Me, O house of Jacob, and all the remnant of the house of Israel, who have been upheld by Me from birth, who have been carried from the womb;

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even to your old age, I am He, and even to gray hairs I will carry you! I have made, and I will bear; even I will carry, and will deliver you" (Isaiah 46:3-4).

Growing old gracefully has its challenges. With age comes the realization of how physically close we might be to the Kingdom of God. In a very real sense we stand on the brink of eternity. But we should also understand that the final heartbeat is not an end—but a grand beginning. "But as it is written: Eye has not seen, nor ear heard, nor have entered into the heart of man the things which God has prepared for those who love Him" (1 Corinthians 2:9).

The God who made us also planned a wonderful future beyond the certainty of growing old and ending our days on earth. We can look forward to that time with anticipation, while learning how to navigate the later years with grace and dignity.

With faith in this wonderful truth about the meaning of life, we can find there really is gold to be found in the Golden Years! †

SEPTEMBER EVENTS

Seniors' Service
September 13th

Senior Citizens' Day!
Bus Ride
Bus Ride for Senior Citizens 65 years and over on September 19th
Leaving at 10:00 am
Deadline for signing up: September 13th

Sunday School
Promotion Service
September 20th



A Musical Celebration

Come join us as we celebrate our 59th Anniversary with music,
Sunday, October 18th at 6:00 p.m.



September Birthdays

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|-----------------------------------|-------------------------------|-------------------------|
| 7th – Myrna Belle | 17th – Shelah Alleyne | 27th – Cardinal Alleyne |
| 9th – Julia Ifill | – Elaine Cadogan | 29th – Sylvine Marshall |
| – Gavin Neblett | 19th – Diana Bentley | – Sarah Thompson |
| – William Wells | 20th – Anne-Marie Cruickshank | 30th – Beverley Wason |
| 10th – Cynthia Trotman | 24th – Marva Springer | |
| 11th – Shelly Welch-Peters | 25th – Esmay Maycock | |
| 12th – Ormenta Hoyte | 26th – Adrian Greenidge | |
| | – Aubrey Maloney | |

October

2nd – Jersey Daniel

Anniversaries

22nd – Nicholas & Rachel Williams 27th – Patrick & Eartha Skeete